

**NEW AT THE DUNEDIN LABOR OF LOVE**

# **EVENING Mom's Circle**

Inspiration and Information to Birth and Parent Gently

## **The Peaceful Birth Project**



**EVERY TUESDAY 6:30 PM TO 8:30PM**  
**NEW AND EXPECTANT MOM'S CIRCLE**

**EACH WEEK A DIFFERENT TOPIC**

- Preparing for Labor and Birth
- Parenting and Communication Skills
- Nutrition for You and Your Family
- The Fourth Trimester: What to Expect  
After Childbirth

**For Information Contact:** Evelyn Ojeda @ 727.432.8080

**STAY CONECTED ON FACEBOOK!**

**<http://www.facebook.com/peacefulbirthproject>**

Because of limited space, we can only accommodate Newborn Babies to Crawlers